



# IDEAS FOR HEALTH CARE SETTINGS



## Goals

- ☐ Create an opening and affirming space
- ☐ Teach providers how to ask and communicate about LGBT health:
  - ✓ How to do sex and gender history
  - ✓ How to do gender affirming history and physicals
  - ✓ How to ask about partner, relationships
  - ✓ How to make a safe environment for patients to disclose about relationships
  - ✓ How to discuss safe sex and health concerns related to safe sex
- ☐ Display posters and images of older LGBT people around the Center
- ☐ Provide resources – educational web sites, CME- webinars, literature
- ☐ Offer informational tables and events



## Serving the Community

HOST EVENTS with health materials and giveaways from your center at each:

- ☐ Lunch and Learns in collaboration with SAGE
- ☐ Set up a speed dating event for elder LGBT - focus on one: bisexual, gay, lesbian, etc.
- ☐ Bar events – Drag show, Drag bingo or other fun drag events
- ☐ Sunday Afternoon Tea
- ☐ Art Museums – Work with a museum to create an elder art exhibit or an LGBT elder day
- ☐ Jazz brunch at a local hot spot
- ☐ Club parties specifically for older LGBT individuals during Pride

ROUNDTABLE DISCUSSIONS for lunch events or evening appetizer/dinner events:

- ☐ Sex after 60
  - ✓ Safe and fun sex - collaborate with local sex toy shop
  - ✓ Sexual dysfunction and solutions
  - ✓ STIs to know
  - ✓ Hepatitis C and LGBT Baby Boomers
  - ✓ PrEP/PEP and HIV infection, care, and treatment
- ☐ Health disparities and specific elder population topics:
  - ✓ Lesbian health
  - ✓ Gay men's health
  - ✓ Gender diverse elder health
- ☐ Mammogram van twice per year
- ☐ Mental health
  - ✓ Depression and LGBT elders
  - ✓ Fighting substance abuse (alcohol, smoking, etc)
  - ✓ Loss and love for LGBT elders
  - ✓ Coming out after 50





## Partners & Resources

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### Partners

Callen Lorde  
Howard Brown Health  
Lyon Martin  
Mazzoni Center  
Services and Advocacy for Gay, Lesbian, Bisexual & Transgender Elders (SAGE)

### Resources

American Society on Aging  
Fenway Community Health Center  
Gay and Lesbian Medical Association  
Healthcare Equality Index  
National Lesbian and Gay Task Force  
Services and Advocacy for Gay, Lesbian, Bisexual & Transgender Elders (SAGE)